

pISSN 2005-0348 • eISSN 2508-1349 J Neurocrit Care 2023;16(2):94-100 https://doi.org/10.18700/jnc.230031

# Effects of sufficient anticoagulation on ischemic stroke outcomes in patients with nonvalvular atrial fibrillation

Tae Jung Kim, MD, PhD<sup>1,2</sup>; Soo-Hyun Park, MD, PhD<sup>3</sup>; Youngjoon Kim, MD<sup>1</sup>; Sang-Bae Ko, MD, PhD<sup>1,2</sup>

<sup>1</sup>Department of Neurology, Seoul National University College of Medicine, Seoul, Korea <sup>2</sup>Department of Critical Care Medicine, Seoul National University Hospital, Seoul, Korea <sup>3</sup>Department of Neurology, Kangdong Sacred Heart Hospital, Seoul, Korea

# Journal of Neurocritical Care

# **ORIGINAL ARTICLE**

Received: September 9, 2023 Revised: October 27, 2023 Accepted: November 3, 2023

#### Corresponding Author:

Sang-Bae Ko, MD, PhD Departments of Neurology and Critical Care Medicine, Seoul National University Hospital, 101 Daehak-ro, Jongno-gu, Seoul 03080, Korea Tel: +82-2-2072-2278 Fax: +82-2-3672-7553 Email: sangbai1378@gmail.com

**Background:** Optimal anticoagulation therapy reduces the risk of ischemic stroke in patients with nonvalvular atrial fibrillation (AF). Therefore, we aimed to evaluate the effects of prior anticoagulation therapy with vitamin K antagonists (VKAs) and direct oral anticoagulants (DOACs) on ischemic stroke outcomes in patients with nonvalvular AF.

**Methods:** We enrolled 487 patients with ischemic stroke and nonvalvular AF between January 2013 and August 2020. The infarct volume was semi-automatically evaluated using diffusion-weighted magnetic resonance imaging. Patients were categorized into no anticoagulation, undertreated anticoagulation, and sufficient anticoagulation (with VKA or DOAC) groups based on their pre-admission anticoagulant use, and the clinical characteristics were compared between the groups.

**Results:** Among the included patients, 374 (76.8%), 50 (10.3%), 10 (2.1%), and 53 (10.9%) patients received no anticoagulants, were undertreated with a VKA, were sufficiently treated with a VKA, and received DOACs, respectively, before stroke. Multivariate analysis revealed that optimal anticoagulation was independently associated with a low risk of severe stroke (odds ratio, 0.553; 95% confidence interval, 0.308–0.992; *P*=0.047). Additionally, the DOAC group had a significantly smaller mean infarct volume than the other groups ( $45.8\pm73.2$ ,  $45.0\pm69.1$ ,  $30.9\pm24.7$ , and  $12.6\pm24.9$  mL in the no anticoagulation, insufficient VKA, sufficient VKA, and DOAC groups, respectively; *P*=0.011).

**Conclusion:** Sufficient pre-stroke anticoagulation is associated with mild stroke severity and good outcomes at 3 months post-stroke. Additionally, pre-stroke DOAC treatment is associated with smaller infarct volume in patients with ischemic stroke and nonvalvular AF.

Keywords: Anticoagulants; Atrial fibrillation; Cerebral infarction

# **INTRODUCTION**

Atrial fibrillation (AF) is an important risk factor for ischemic stroke, and 10%–15% of all ischemic strokes occur in patients with AF [1]. Previous studies have demonstrated that optimal an-

ticoagulation using vitamin K antagonists (VKAs), warfarin, and direct oral anticoagulants (DOACs) reduces the risk of ischemic stroke in patients with AF [2-7]. Therefore, international guide-lines recommend sufficient anticoagulation with VKAs and DO-ACs for primary and secondary prevention, respectively, of cardi-

<sup>© 2023</sup> The Korean Neurocritical Care Society

This is an Open Access article distributed under the terms of the Creative Commons Attribution Non-Commercial License (http://creativecommons.org/licenses/by-nc/4.0/) which permits unrestricted noncommercial use, distribution, and reproduction in any medium, provided the original work is properly cited.

oembolic ischemic stroke in patients with nonvalvular AF [8,9]. Moreover, compared to no anticoagulation therapy, sufficient VKA and DOAC therapy reportedly reduced ischemic stroke severity and improved clinical outcomes in patients with AF [10-14]. Furthermore, previous studies reported that DOAC therapy reduced the initial severity of ischemic stroke similar to sufficient VKA treatment [15,16]. However, the clinical impact of optimal anticoagulation with different treatment modalities, such as VKAs and DOACs, on initial stroke severity, infarct volume, and short-term outcomes in patients with acute cardioembolic ischemic stroke and nonvalvular AF remains unknown. Therefore, we aimed to investigate the association of pre-stroke anticoagulation therapy with VKAs and DOACs as well as stroke severity and outcomes in patients with ischemic stroke and non-valvular AF.

# **METHODS**

#### **Study population**

We retrospectively included patients who were admitted to our hospital with acute ischemic stroke within 7 days of symptom onset, between January 2013 and August 2020. Of the 603 patients with cardioembolic ischemic stroke and AF who were initially enrolled, those with valvular AF (n = 69) and those who did not undergo diffusion-weighted imaging (DWI) during hospitalization after ischemic stroke (n = 37) were excluded. Finally, 487 patients with ischemic stroke and nonvalvular AF were included.

#### Baseline characteristics and clinical information

Clinical data regarding patient demographics, vascular risk factors, location of vessel occlusion, lesion location, reperfusion therapy, medication history, and laboratory findings were retrieved from the electronic medical records. All patients underwent laboratory examinations, including glucose and lipid profiling, blood cell counts, high-sensitivity C-reactive protein analysis, prothrombin time-international normalized ratio (PT-INR), and activated partial thromboplastin time, at admission. For the purpose of this study, pre-admission anticoagulation treatments were categorized into four groups: (1) no anticoagulation therapy, (2) undertreated anticoagulation (subtherapeutic dose of VKA with a PT-INR of <2 at admission), (3) sufficient VKA therapy (therapeutic dose of VKA with a PT-INR of  $\geq 2$  at admission) [8,9], or those on DOACs. Sufficient anticoagulation therapy was classified as sufficient VKA and sufficient DOAC. The National Institutes of Health Stroke Scale (NIHSS) score, which was the primary outcome at discharge, was used to measure stroke severity at admission, which was the primary outcome, and at discharge. Patients with an NIHSS score of  $\geq$  5 were classified as having moderate to

severe stroke [17]. The functional outcome at 3 months poststroke, which was the secondary outcome, was evaluated using the modified Rankin Scale (mRS). Patients were assigned to either the "good outcome" (mRS score  $\leq 2$ ) or "poor outcome" (mRS score  $\geq 3$ ) group. Additionally, infarct volume was analyzed according to the pre-admission anticoagulation therapy received by the patients.

#### **Radiological assessment**

Brain magnetic resonance (MR) images were obtained using a 1.5 T (Signa HDxt, GE Healthcare [n = 114]) or 3.0 T (Verio, Siemens [n = 91]; Discovery 750, GE Healthcare [n = 158]; Magnetom Skyra, Siemens [n = 51]; Ingenia CX, Philips [n = 73]) machine. Moreover, we extensively acquired MR images using DWI (repetition time/echo time: 6,000–10,000/65–80 for 3.0 T and 5,000–9,000/65–75 for 1.5 T) [18-20]. The lesion locations were classified as anterior circulation, posterior circulation, or multiple territories. The cerebral infarct volumes of the lesions were analyzed on DWI using Medical Imaging Processing, Analysis, and Visualization (MIPAV, ver. 10.0.0; National Institutes of Health) [21], by an investigator blinded to the clinical information. Large-vessel occlusion was evaluated using brain computed to mography angiography or MR angiography.

#### Statistical analysis

Baseline characteristics are presented as frequencies (percentages). Continuous variables with normal distributions are presented as means ± standard deviations, whereas variables with non-normal distributions are presented as medians (interquartile ranges). In the univariate analysis, the proportions of categorical variables were compared using Pearson chi-square test or Fisher's exact test, as appropriate. The relationships between continuous variables and anticoagulation therapies were analyzed using the Kruskal-Wallis test or one-way analysis of variance. Associations between outcomes and the levels of anticoagulation therapy were analyzed using logistic regression analysis. Covariates with a significance level of P < 0.05 in the univariate analyses or clinically important variables were used for adjusting the multivariate analysis. Statistical significance was set at P < 0.05. All statistical analyses were performed using IBM SPSS ver. 25.0 (IBM Corp.) and GraphPad Prism ver. 9 (GraphPad Software).

### RESULTS

Of the 487 patients included in this study, 374 (76.8%) received no anticoagulant medication, 50 (10.3%) were undertreated with VKA, and 63 (12.9%) received sufficient anticoagulation (10 [2.1%] received VKAs and 53 [10.9%] received DOACs). Table 1 presents the clinical characteristics of the included patients. Their mean age was  $73.8 \pm 9.9$  years, and 294 (60.4%) of them were men. There were significantly more patients with a history of stroke/transient ischemic attack and dyslipidemia in the undertreated and sufficient anticoagulation groups than that in the no anticoagulation group (P < 0.001). Patients who received prestroke anticoagulation therapy were less likely to undergo intravenous thrombolysis upon admission (P = 0.002). There were no significant differences in lesion location or vessel occlusion among the four groups (Table 1). The sufficient anticoagulation group had a lower initial NIHSS score, better outcomes at 3 months

post-stroke, and lower infarct volume than the no anticoagulation and undertreated VKA groups (no anticoagulation vs. undertreated VKA vs. sufficient anticoagulation: NIHSS score: 6.0 [2.0– 15.0] vs. 5.5 [1.0–16.3] vs. 4.0 [1.0–9.0], P=0.008; good outcomes at 3 months: 52.7% vs. 50.0% vs. 73.0%, P=0.008; infarct volume: 45.8±73.2 vs. 45.0±69.1 vs. 15.5±25.6 mL, P=0.005 (Table 1). Additionally, the DOAC group had a lower initial NI-HSS score (P=0.018) and better outcomes at 3 months poststroke (P=0.015) than the VKA group (Table 2). Furthermore, the DOAC group had the lowest infarct volume among the four treatment groups (no anticoagulation vs. undertreated VKA vs. sufficient VKA vs. DOAC: 45.8±73.2 mL vs. 45.0±69.1 mL vs.

Table	<ol> <li>Baseline</li> </ol>	characteristics	of the	included	patients
-------	------------------------------	-----------------	--------	----------	----------

Variable	Total (n=487)	No anticoagulant (n=374, 76.8%)	Undertreated anticoagulation (n=50, 10.3%)	Sufficient anticoagulation (n=63, 12.9%)	<i>P</i> -value
Age (yr)	73.8±9.9	74.2±9.9	72.3±11.6	72.6±7.9	0.244
Male	294 (60.4)	220 (58.8)	30 (60.0)	44 (69.8)	0.254
Hypertension	353 (72.5)	270 (72.2)	35 (70.0)	48 (76.2)	0.739
Diabetes mellitus	164 (33.7)	123 (32.9)	14 (28.0)	27 (42.9)	0.202
Dyslipidemia	184 (37.8)	137 (36.6)	15 (30.0)	32 (50.8)	0.049
Previous stroke	135 (27.7)	84 (22.5)	23 (46.0)	28 (44.4)	<0.001
Coronary artery disease	88 (18.1)	72 (19.3)	10 (20.0)	6 (8.5)	0.166
Smoking	142 (29.2)	110 (29.4)	15 (30.0)	17 (27.0)	0.917
Initial NIHSS	5.0 (2.0–15.0)	6.0 (2.0–15.0)	5.5 (1.0–16.3)	4.0 (1.0-9.0)	0.008
Initial moderate to severe stroke (NIHSS ≥5)	243 (49.9)	195 (52.1)	25 (50.0)	23 (36.5)	0.072
Discharge NIHSS	2.5 (1.0-9.0)	3.0 (1.0-10.0)	3.0 (0.8–9.0)	2.0 (0.0-5.0)	0.074
Prestroke mRS=0	375 (77.0)	294 (78.6)	312 (64.0)	49 (77.8)	0.069
Lesion locations					0.638
Anterior	327 (67.1)	257 (68.7)	33 (66.0)	37 (58.7)	
Posterior	99 (20.3)	72 (19.3)	11 (22.0)	16 (25.4)	
Multiple	61 (12.5)	45 (12.0)	6 (12.0)	10 (15.9)	
Vessel occlusion					0.668
None	259 (53.2)	192 (51.3)	28 (56.0)	39 (61.9)	
Anterior	181 (37.2)	146 (39.0)	17 (34.0)	18 (28.6)	
Posterior	42 (8.6)	31 (8.3)	5 (10.0)	6 (9.5)	
Multiple	5 (1.0)	5 (1.3)	0	0	
Intravenous thrombolysis	65 (13.3)	61 (16.3)	2 (4.0)	2 (3.2)	0.002
Endovascular reperfusion therapy	99 (20.3)	79 (21.1)	10 (20.0)	10 (15.9)	0.631
Fasting glucose level (mg/dL)	109.8±38.5	111.4±41.4	102.4±28.0	106.9±24.9	0.266
Good outcome at 3 months	268 (55.0)	197 (52.7)	25 (50.0)	46 (73.0)	0.008
Laboratory information					
Hemoglobin (g/dL)	13.4±2.1	13.4±2.1	13.1±2.3	13.8±1.9	0.159
Platelet (×1,000/µL)	206.4±65.2	207.3±66.6	203.0±62.6	204.2±59.6	0.873
Creatinine (mg/dL)	1.15±0.94	1.14±0.95	1.32±1.30	1.10±0.43	0.389
Total cholesterol (mg/dL)	158.4±36.8	159.6±37.3	154.4±34.5	154.5±36.1	0.444
hs-CRP (mg/dL)	1.39±2.98	1.45±3.03	1.93±3.91	0.62±1.27	0.052
PT-INR	1.13±0.35	1.04±0.11	1.33±0.28	1.50±0.76	<0.001
aPTT (sec)	32.2±17.9	31.4±19.9	33.6±6.4	35.7±8.3	0.179
Infarct volume (mL)	41.8±69.2	45.8±73.2	45.0±69.1	15.5±25.6	0.005

Values are presented as mean±standard deviation, number (%), or median (interquartile range).

NIHSS, National Institute of Health Stroke Scale; mRS, modified Rankin Scale; hs-CRP, high-sensitivity C-reactive protein; PT-INR, prothrombin time-international normalized ratio; aPTT, activated partial thromboplastin time.

Table 2. Baseline characteristics according to anticoagulation

Variable	Total (n. 407)	No anticoagulant	Undertreated VKA	Sufficient VKA	DOAC	Dyralua
variable	10tal (n=487)	(n=374, 76.8%)	(n=50, 10.3%)	(n=10, 2.1%)	(n=53, 10.9%)	<i>r</i> -value
Age (yr)	73.8±9.9	74.2±9.9	72.3±11.6	75.0±9.3	72.2±7.6	0.318
Male	294 (60.4)	220 (58.8)	30 (60.0)	8 (80.0)	36 (67.9)	0.357
Hypertension	353 (72.5)	270 (72.2)	35 (70.0)	8 (80.0)	40 (75.5)	0.884
Diabetes mellitus	164 (33.7)	123 (32.9)	14 (28.0)	4 (40.0)	23 (43.4)	0.368
Dyslipidemia	184 (37.8)	137 (36.6)	15 (30.0)	3 (30.0)	29 (54.7)	0.040
Previous stroke	135 (27.7)	84 (22.5)	23 (46.0)	4 (40.0)	24 (45.3)	<0.001
Coronary artery disease	88 (18.1)	72 (19.3)	10 (20.0)	0	6 (11.3)	0.223
Smoking	142 (29.2)	110 (29.4)	15 (30.0)	3 (30.0)	14 (26.4)	0.982
Initial NIHSS	5.0 (2.0–15.0)	6.0 (2.0–15.0)	5.5 (1.0–16.3)	5.0 (1.0–14.5)	4.0 (1.0-8.0)	0.018
Initial moderate to severe stroke (NIHSS ≥ 5)	243 (49.9)	195 (52.1)	25 (50.0)	5 (50.0)	18 (34.0)	0.105
Discharge NIHSS	2.5 (1.0-9.0)	3.0 (1.0–10.0)	2.0 (0.0–11.0)	2.0 (0.0-4.5)	2.0 (0.0-5.0)	0.150
Prestroke mRS=0	375 (77.0)	294 (78.6)	312 (64.0)	8 (80.0)	41 (77.4)	0.143
Lesion locations						0.821
Anterior	327 (67.1)	257 (68.7)	33 (66.0)	6 (60.0)	31 (58.5)	
Posterior	99 (20.3)	72 (19.3)	11 (22.0)	3 (30.0)	13 (24.5)	
Multiple	61 (12.5)	45 (12.0)	6 (12.0)	1 (10.0)	9 (17.0)	
Vessel occlusion						0.851
None	259 (53.2)	192 (51.3)	28 (56.0)	6 (60.0)	33 (62.3)	
Anterior	181 (37.2)	146 (39.0)	17 (34.0)	3 (30.0)	15 (28.3)	
Posterior	42 (8.6)	31 (8.3)	5 (10.0)	1 (10.0)	5 (9.4)	
Multiple	5 (1.0)	5 (1.3)	0	0	0	
Intravenous thrombolysis	65 (13.3)	61 (16.3)	2 (4.0)	1 (10.0)	1 (1.9)	0.005
Endovascular reperfusion therapy	99 (20.3)	79 (21.1)	10 (20.0)	1 (10.0)	9 (17.0)	0.763
Fasting glucose level (mg/dL)	109.8±38.5	111.4±41.4	102.4±28.0	107.6±23.5	106.8±25.5	0.449
Good outcome at 3 months	268 (55.0)	197 (52.7)	25 (50.0)	6 (60.0)	40 (75.5)	0.015
Laboratory information						
Hemoglobin (g/dL)	13.4±2.1	13.4±2.1	13.1±2.3	14.1±1.3	13.8±2.0	0.265
Platelet (×1,000/μL)	206.4±65.2	207.3±66.6	203.0±62.6	214.0±55.0	202.3±60.7	0.910
Creatinine (mg/dL)	1.15±0.94	1.14±0.95	1.32±1.30	1.18±0.35	1.09±0.44	0.578
Total cholesterol (mg/dL)	158.4±36.8	159.6±37.3	154.4±34.5	168.2±30.1	152.0±36.8	0.376
hs-CRP (mg/dL)	1.39±2.98	1.45±3.03	1.93±3.91	0.42±0.64	0.66±1.36	0.113
PT-INR	1.13±0.35	1.04±0.11	1.33±0.28	2.84±0.87	1.25±0.38	< 0.001
aPTT (sec)	32.2±17.9	31.4±19.9	33.6±6.4	42.1±12.2	34.5±6.8	0.175
Infarct volume (mL)	41.8±69.2	45.8±73.2	45.0±69.1	30.9±24.7	12.6±24.9	0.011

Values are presented as mean±standard deviation, number (%), or median (interquartile range).

VKA, vitamin K antagonist; DOAC, direct oral anticoagulant; NIHSS, National Institutes of Health Stroke Scale; mRS, modified Rankin Scale; hs-CRP, high-sensitivity C-reactive protein; PT-INR, prothrombin time-international normalized ratio; aPTT, activated partial thromboplastin time.

 $30.9 \pm 24.7$  mL vs.  $12.6 \pm 24.9$  mL, P = 0.011) (Table 2, Fig. 1). However, sufficient anticoagulation was negatively associated with initial stroke severity (NIHSS score  $\geq 5$ ) and poor outcome in univariate analysis (Table 3), and was independently negatively correlated with initial moderate to severe stroke (odds ratio [OR], 0.467; 95% confidence interval [CI], 0.236–0.888; P = 0.021) and poor outcome at 3 months post-stroke (OR, 0.377; 95% CI, 0.155–0.920; P = 0.032) (Table 3) in multivariate analysis.

## DISCUSSION

This study showed that compared to no or undertreated anticoagulation, sufficient pre-stroke anticoagulation with VKA and DOAC was associated with milder stroke and was independently related to a better outcome at 3 months post-stroke in patients with nonvalvular AF. Additionally, the DOAC group had the lowest initial NIHSS score and smallest infarct volume among the four anticoagulation therapy groups.

Patients with AF who receive sufficient pre-stroke VKA therapy have a lower risk and severity of stroke, and better outcomes than those who do not receive anticoagulation [10-14]. Moreover, DOAC therapy was more effective than other anticoagulant therapies in reducing infarct volume, arterial occlusion, and stroke severity in patients with AF who experienced anterior circulation ischemic stroke [15,16]. Although previous studies have reported the occurrence of major artery occlusion leading to ischemic



**Fig. 1.** Comparison of infarct volume according to pre-stroke anticoagulation. The sufficient anticoagulation group (sufficient vitamin K antagonist [VKA] and direct oral anticoagulants [DOACs]) had a lower infarct volume than no anticoagulation and undertreated VKA groups. Furthermore, the DOAC group had the lowest infarct volume by a significant margin among the four treatment groups.

Table	3.	Association	between	anticoagulation	and short-term	outcome i	n isch	iemic st	troke	patients	with	nonvalvula	r atrial	fibrillation
				5										

Variable	Crude odds ratio (95% Cl)	P-value	Adjusted odds ratio (95% CI)	<i>P</i> -value	
Initial NIHSS ≥5 <sup>a)</sup>					
Age	1.040 (1.020–1.060)	<0.001	1.032 (1.008–1.056)	0.009	
Sufficient anticoagulation	0.463 (0.269-0.797)	0.005	0.457 (0.236-0.888)	0.021	
Poor outcome at 3 months <sup>b)</sup>					
Initial NIHSS	1.244 (1.197–1.293)	<0.001	1.340 (1.256–1.143)	<0.001	
Sufficient anticoagulation	0.406 (0.226–0.731)	0.003	0.377 (0.155–0.920)	0.032	

Cl, confidence interval; NIHSS, National Institutes of Health Stroke Scale.

<sup>a)</sup>Adjusted for previous stroke, age, hypertension, diabetes mellitus, prestroke modified Rankin Scale, locations of lesions, vessel occlusion, sufficient anticoagulation; <sup>b)</sup>Adjusted for initial NIHSS, endovascular reperfusion therapy, intravenous thrombolysis, previous stroke, hypertension, diabetes mellitus, dyslipidemia, vessel occlusion, fasting glucose level, prestroke modified Rankin Scale, locations of lesions, anticoagulation.

stroke in patients with AF and negative associations between VKA or DOAC therapy and initial stroke volume, few studies have evaluated the relationship between sufficient anticoagulation and initial stroke severity, functional outcome, and infarct volume according to the type of pre-stroke anticoagulation therapy in patients with AF and ischemic stroke in different vascular territories. In our study, sufficient pre-stroke anticoagulation reduced stroke severity and infarct volume, and improved functional outcomes in patients with nonvalvular AF, regardless of the vascular territory involved. Moreover, DOAC therapy resulted in decreased stroke severity and improved functional outcomes, consistent with the findings of previous studies [15,16].

Sufficient anticoagulation therapy leads to a decrease in the size of thrombi and emboli, thereby preventing large artery occlusion and decreasing the infarct volume, resulting in mild initial symptoms of acute ischemic stroke [13,22,23]. Small thrombi, which occur in patients consistently receiving sufficient anticoagulation, are indirectly related to the ultra-early recanalization of vulnerable thrombi, thereby preventing large artery occlusion. Owing to minimal fluctuations in its anticoagulation effect, DOAC therapy consistently provides optimal anticoagulation therapy compared to VKA therapy. Therefore, DOAC therapy is at least as effective as VKA therapy in preventing stroke occurrence and reducing initial stroke severity [15,16]. Consequently, the recommended anticoagulation strategy for the secondary prevention of ischemic stroke in patients with AF has been changed from VKA to DOAC, and additional indications for DOAC use have been suggested [4-9]. Sufficient anticoagulation can be attributed to the inhibition of the thrombotic system through the acceleration of thrombolysis, which may lead to gradual fibrinolysis in the thrombi. Therefore, therapeutic anticoagulation can reduce infarct size by preventing microvascular thrombosis after ischemic stroke [24], which may explain the lower stroke severity and better outcomes in the DOAC group than that in the VKA group.

In our study, stroke severity, infarct volume, and outcomes of the insufficient anticoagulation group were similar to those of the no anticoagulation group. In contrast, subtherapeutic anticoagulation with VKA was associated with poor medication adherence. A PT-INR in the subtherapeutic range in patients receiving VKAs may lead to a transient hypercoagulable state due to the difference in plasma half-life between procoagulation factors II and X and anticoagulant proteins C and S [25,26]. Therefore, it is pharmacokinetically possible that, compared to the no anticoagulation group, the subtherapeutic group had similarly sized or larger thrombi, which may have resulted in an increased infarct volume [27]. Hence, well-managed oral anticoagulant treatment may reduce stroke severity and improve functional outcomes of ischemic stroke in patients with nonvalvular AF.

However, this study had some limitations. First, this was a retrospective study; therefore, there is a possibility of selection bias and uncontrolled factors in the clinical scenario. Second, pre-stroke anticoagulant status was defined based on prescription information, whereas drug adherence data for DOACs were not systematically collected. Third, we did not measure the DOAC plasma levels using calibrated Xa activity or hemoclot assays, which may have affected the findings in the DOAC treatment group. Finally, we did not differentiate between paroxysmal, persistent, or permanent AF. However, all AF types are high-risk factors for embolic vascular events.

In conclusion, sufficient anticoagulation therapy is associated with decreased stroke severity and infarct volume, and improved functional outcomes. Patients with valvular AF who received DOAC treatment prior to ischemic stroke onset showed small infarct volumes and good functional outcomes at 3 months poststroke. Therefore, sufficient anticoagulation with VKAs and DO-ACs could improve ischemic stroke outcomes in patients with nonvalvular AF. However, further large-scale clinical studies are required to determine what constitutes sufficient anticoagulation and to evaluate stroke severity and outcomes after ischemic stroke caused by nonvalvular AF.

# **ARTICLE INFORMATION**

#### **Ethics statement**

This study was approved by the Institutional Review Board (IRB) of the Seoul National University Hospital (No. H-1009-062-332). The need for informed consent was waived by the board because of the retrospective nature of the study. All the procedures were performed in accordance with the relevant guidelines and regulations of the IRB of the Seoul National University Hospital.

#### **Conflict of interest**

Tae Jung Kim is an editor-in-chief, and Soo-Hyun Park and Sang-Bae Ko are editorial board members of the journal, but they were not involved in the peer reviewer selection, evaluation, or decision process of this article. No other potential conflict of interest relevant to this article was reported.

#### ORCID

Tae Jung Kim	https://orcid.org/0000-0003-3616-5627
Soo-Hyun Park	https://orcid.org/0000-0003-1626-3940
Youngjoon Kim	https://orcid.org/0000-0001-6180-9282
Sang-Bae Ko	https://orcid.org/0000-0002-9429-9597

#### Author contributions

Conceptualization: TJK, SBK. Methodology: TJK, SBK. Software: TJK, SHP. Validation: YK, SHP. Formal analysis: TJK. Investigation: TJK, YK, SHP. Resources: TJK, SBK. Data curation: TJK. Visualization: TJK. Supervision: SBK. Project administration: TJK, SBK. Writing–original draft: TJK. Writing–review & editing: TJK, SBK.

# REFERENCES

- 1. Tsao CW, Aday AW, Almarzooq ZI, Alonso A, Beaton AZ, Bittencourt MS, et al. Heart disease and stroke statistics-2022 update: a report from the American Heart Association. Circulation 2022;145:e153-639.
- Singer DE, Albers GW, Dalen JE, Go AS, Halperin JL, Manning WJ. Antithrombotic therapy in atrial fibrillation: the Seventh ACCP Conference on Antithrombotic and Thrombolytic Therapy. Chest 2004;126(3 Suppl):429S-456S.
- 3. Hart RG, Benavente O, McBride R, Pearce LA. Antithrombotic therapy to prevent stroke in patients with atrial fibrillation: a meta-analysis. Ann Intern Med 1999;131:492-501.
- 4. Granger CB, Alexander JH, McMurray JJ, Lopes RD, Hylek EM, Hanna M, et al. Apixaban versus warfarin in patients with atrial fibrillation. N Engl J Med 2011;365:981-92.

- 5. Connolly SJ, Ezekowitz MD, Yusuf S, Eikelboom J, Oldgren J, Parekh A, et al. Dabigatran versus warfarin in patients with atrial fibrillation. N Engl J Med 2009;361:1139-51.
- 6. Giugliano RP, Ruff CT, Braunwald E, Murphy SA, Wiviott SD, Halperin JL, et al. Edoxaban versus warfarin in patients with atrial fibrillation. N Engl J Med 2013;369:2093-104.
- 7. Patel MR, Mahaffey KW, Garg J, Pan G, Singer DE, Hacke W, et al. Rivaroxaban versus warfarin in nonvalvular atrial fibrillation. N Engl J Med 2011;365:883-91.
- 8. Kleindorfer DO, Towfighi A, Chaturvedi S, Cockroft KM, Gutierrez J, Lombardi-Hill D, et al. 2021 Guideline for the prevention of stroke in patients with stroke and transient ischemic attack: a guideline from the American Heart Association/ American Stroke Association. Stroke 2021;52:e364-467.
- 9. Kernan WN, Ovbiagele B, Black HR, Bravata DM, Chimowitz MI, Ezekowitz MD, et al. Guidelines for the prevention of stroke in patients with stroke and transient ischemic attack: a guideline for healthcare professionals from the American Heart Association/American Stroke Association. Stroke 2014;45: 2160-236.
- Wang C, Wang Y, Wang C, Zhao X, Liu L, Liu G, et al. Anticoagulation-related reduction of first-ever stroke severity in Chinese patients with atrial fibrillation. J Clin Neurosci 2014;21:1755-60.
- Hylek EM, Go AS, Chang Y, Jensvold NG, Henault LE, Selby JV, Singer DE. Effect of intensity of oral anticoagulation on stroke severity and mortality in atrial fibrillation. N Engl J Med 2003;349:1019-26.
- 12. O'Donnell M, Oczkowski W, Fang J, Kearon C, Silva J, Bradley C, et al. Preadmission antithrombotic treatment and stroke severity in patients with atrial fibrillation and acute ischaemic stroke: an observational study. Lancet Neurol 2006;5:749-54.
- Matsumoto M, Okazaki S, Sakaguchi M, Ohara N, Furukado S, Nagano K, et al. Preadmission therapeutic anticoagulation reduces cerebral infarct volume in patients with nonvalvular atrial fibrillation. Eur Neurol 2011;66:277-82.
- 14. Schwammenthal Y, Bornstein N, Schwammenthal E, Schwartz R, Goldbourt U, Tsabari R, et al. Relation of effective anticoagulation in patients with atrial fibrillation to stroke severity and survival (from the National Acute Stroke Israeli Survey [NA-SIS]). Am J Cardiol 2010;105:411-6.
- 15. Sakamoto Y, Okubo S, Sekine T, Nito C, Suda S, Matsumoto N, et al. Prior direct oral anticoagulant therapy is related to small infarct volume and no major artery occlusion in patients with stroke and non-valvular atrial fibrillation. J Am Heart Assoc 2018;7:e009507.
- 16. Sakamoto Y, Okubo S, Nito C, Suda S, Matsumoto N, Abe A, et

al. The relationship between stroke severity and prior direct oral anticoagulant therapy in patients with acute ischaemic stroke and non-valvular atrial fibrillation. Eur J Neurol 2017;24:1399-406.

- Kenmuir CL, Hammer M, Jovin T, Reddy V, Wechsler L, Jadhav A. Predictors of outcome in patients presenting with acute ischemic stroke and mild stroke scale scores. J Stroke Cerebrovasc Dis 2015;24:1685-9.
- Kang KM, Sohn CH, Choi SH, Jung KH, Yoo RE, Yun TJ, et al. Detection of crossed cerebellar diaschisis in hyperacute ischemic stroke using arterial spin-labeled MR imaging. PLoS One 2017;12:e0173971.
- Nam KW, Kim CK, Ko SB, Yoon BW, Yoo RE, Sohn CH. Regional arterial spin labeling perfusion defect is associated with early ischemic recurrence in patients with a transient ischemic attack. Stroke 2020;51:186-92.
- 20. Nam KW, Kim TJ, Kim CK, Mo H, Jeong HY, Kang MK, et al. Temporal changes in the neutrophil to lymphocyte ratio and the neurological progression in cryptogenic stroke with active cancer. PLoS One 2018;13:e0194286.
- 21. McAuliffe MJ, Lalonde FM, McGarry D, Gandler W, Csaky K, Trus BL. Medical image processing, analysis and visualization in clinical research. In: Proceedings of the 14th IEEE Symposium on Computer-Based Medical Systems; 2001 Jul 26-27; Bethesda, MD. CBMS; 2001. p. 381-6.
- 22. Ay H, Arsava EM, Gungor L, Greer D, Singhal AB, Furie KL, et al. Admission international normalized ratio and acute infarct volume in ischemic stroke. Ann Neurol 2008;64:499-506.
- 23. Wakita M, Yasaka M, Minematsu K, Yamaguchi T. Effects of anticoagulation on infarct size and clinical outcome in acute cardioembolic stroke. Angiology 2002;53:551-6.
- 24. Corrado G, Tadeo G, Beretta S, Tagliagambe LM, Manzillo GF, Spata M, et al. Atrial thrombi resolution after prolonged anticoagulation in patients with atrial fibrillation. Chest 1999;115: 140-3.
- 25. Takano K, Iino K, Ibayashi S, Tagawa K, Sadoshima S, Fujishima M. Hypercoagulable state under low-intensity warfarin anticoagulation assessed with hemostatic markers in cardiac disorders. Am J Cardiol 1994;74:935-9.
- 26. Sakamoto Y, Okubo S, Nito C, Suda S, Matsumoto N, Nishiyama Y, et al. Insufficient warfarin therapy is associated with higher severity of stroke than no anticoagulation in patients with atrial fibrillation and acute anterior-circulation stroke. Circ J 2018;82:1437-42.
- 27. Harrison L, Johnston M, Massicotte MP, Crowther M, Moffat K, Hirsh J. Comparison of 5-mg and 10-mg loading doses in initiation of warfarin therapy. Ann Intern Med 1997;126:133-6.